



FREQUENTLY ASKED QUESTIONS

1. Is this product right for me?

Yes! This product appeals to women, men and teens. Unless you are allergic to Vitamin C or you have *ultra-sensitive skin, you can enjoy the benefits of using it. It is perfect for all skin types and specifically treats skin that is congested, thickened, sun damaged, aging, has uneven pigmentation, or has a dull cast to it.

**If you have sensitive skin, mix together 1 part Vitamin C Micro Scrub™ and 2 parts Activator before application.*

2. How often should I use this treatment?

For most people, using it up to 2 or 3 times a week is enough. Using it more frequently for the first 3 to 4 weeks will help break through the layer of encrusted skin that may have built up over time. For rough patches on the body, it can be used every day. Many people use it not only on their faces, but on their hands, elbows, and the heels and soles of their feet.

3. Why don't I feel the warm, foaming action?

Most people don't use enough of the Activator. The Activator is what gives you the "peel", dissolves the crystals, and causes the warm, foaming action. For the face and neck area use approximately ½ a teaspoon of the Vitamin C Micro Scrub and 1 teaspoon of the Activator. *Always use twice as much Activator as you do Scrub.*

4. What is Spirulina?

Spirulina is a micro-algae that contains high concentrations of phyto-nutrients, protein, beta-carotene, vitamins, and essential fatty acids. It is also a natural detoxifier and offers protection from pollution and environmental damage.

5. What are the purposes of Lactic Acid in the product?

Lactic Acid is a type of Alpha Hydroxy Acid that is utilized because of its special ability to penetrate the skin and to "unglue" the bonds between dead, dull, and/or thickened surface skin cells. This promotes cell turnover, bringing healthy, fresh new cells to the surface. Additionally, Lactic Acid is excellent for unclogging congested pores, softening dry and thickened skin, and overall improving skin texture and color.

6. What benefits will I get from the Vitamin C in the Micro Scrub?

The use of Vitamin C provides *many* benefits. It suppresses pigmentation which commonly appears in excess in the form of age spots, pregnancy mask, blotchiness, and freckles. Just as importantly, Vitamin C offers anti-oxidant protection against damaging free-radicals, pollution, and environmental factors. Most notably, Vitamin C stimulates collagen and elastin production for better tone and texture of the skin which helps create more youthful looking skin.